

**ASD-S Improvement Plan
Status Report 2019
Ends Policy 1
1.2**

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Ends 1.2

Goal

To increase capacity in schools/early learning centres by providing current information on topics such as:

- nutrition
- physical activity
- school safety
- current health topics

Policy 711:

Healthier School Food Environment

- Resources on the [ASD-S](#) Website
- ASD-S Nutrition Committee
- Provincial Healthy Food Environment committee
- March Nutrition Month resources sent to schools
- Resources sent to schools for new release of Canada Food Guide
- Healthy Minds budget allocations to assist with nutritious foods
- SJEK grade 5 students participated in the Progressive Agricultural initiative
- Sussex Elementary and Sussex Corner Elementary School grade 5 students participated in the Petitcodiac Progressive Agriculture initiative

Provide Information on Cannabis, Vaping and Smoking

- More resources on cannabis and vaping provided to schools
- ASD-S committee on vaping
- Signage updated at all schools
- Presentations to principals and support staff about vaping
- Information in HLN fall school newsletter

Concussion Process

- EECD Physical Education Safety Guidelines revised
- Materials shared with schools
- Presentations and hard copy resources for
 - elementary and middle school principals
 - high school principals
- Youth Concussion Awareness Network (You-CAN) research project
 - 7 provinces participating
 - 18 schools
 - HHS, SJHS and BRHS only schools in NB participating

Policy 704

Health Support Services

- Diabetic education – shared links and provide support as needed
 - Connect Pediatric Diabetic Clinic
- Allergies and Anaphylaxis
 - All schools completed staff training
 - Grade 6 and grade 9 students (including students new to ASD-S) received presentations
 - Elementary schools to continue using resources provided

Current Health Topics

- Immunization
 - Measles Outbreak summary presentation to ASD-S administrators and District Health Advisory Committee
 - Sept 9 to 13 unstamped student immunization records checked
 - Letters sent to families with missing or no records

Current Health Topics

Bus Safety Campaign

- A committee was formed to discuss the issues of vehicles passing buses when their red lights are flashing.
- Planning was done for an awareness campaign.
- ASD-S management met with local enforcement agencies for support.
- Information postcards were widely distributed to schools and communities.
- Social media messaging is ongoing.
- Annual school bus safety sessions for students.

Physical Activity

- Physical Education and Health K to 8 Lead involved in the Women and Girls in Sport Recreation Network whose aim is to increase participation and awareness for females.